



# CAPS and ARS Syllabi Statements Proposal

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# Proposal 1: Include Information about CAPS on class syllabi

“Counseling and Psychological Services: CAPS is strongly committed to addressing the mental health needs of a diverse student body through timely access to consultation and connection to clinically appropriate services, whether for short or long-term needs. Go to their website: <https://caps.unc.edu> or visit their facilities on the third floor of the Campus Health Service building for a walk-in evaluation to learn more.”

## Proposal 2: Include information about ARS on class syllabi

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**“Accessibility Resources & Service** : UNC-Chapel Hill facilitates the implementation of reasonable accommodations for students with learning disabilities, physical disabilities, temporary disabilities, mental health struggles, chronic medical conditions, or pregnancy complications, all of which can impair student success. See the ARS website for contact and registration information: <https://ars.unc.edu>”

# Why?

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- Promote awareness of campus resources
- Start conversations about mental health and disabilities
- Eliminate stigma
- Promote student success
- Support from students, faculty, and staff